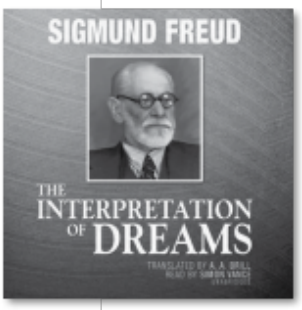
#128 Conscious & Unconscious & Repression | 프로이드의 의식 & 무의식 & 억압

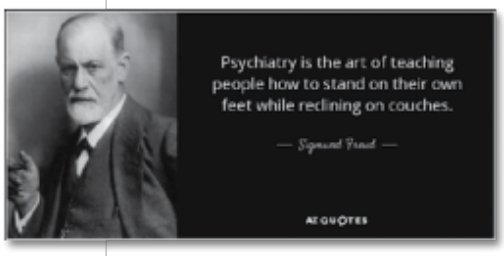
• Interpretation of Dreams 꿈의 해석



"I shall demonstrate that there exists a psychological technique [which/by which] dreams may be interpreted and [that/which] upon the application of this method, every dream will show itself to be a meaningful psychological structure. I shall furthermore endeavor to explain the processes which give rise to the **strangeness and [obscurity/obviousness] of the dream, and to discover the [physical/psychic] forces, which operate [how/that/whether] in combination or opposition, to produce the dream."**

※ demonstrate 증명하다 interpret 해석하다 application 적용 endeavor 노력하다 give rise to 일으키다/유발하다 obscurity 애매모호함 obviousness 분명함 psychic 정신적인 operate 작동하다 combination 결합/협동 opposition 반대

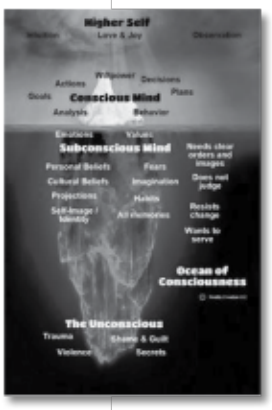
• Freud & Psychiatry 프로이드와 정신분석학



Not until Sigmund Freud proposed a new theory of personality that focused on the role of the [conscious/unconscious], did psychiatry as a field [become/became] popular. Before that time, **psychologists were concerned primarily with the [conscious/unconscious] aspects of the mind, including perceptions, thoughts, and memories [which/of which/with which] a person is aware.** After working with various patients, Freud concluded that **[conscious/unconscious]** impulses were important in shaping the personality. The psychiatrist's purpose, according to Freud, was to help patients **[become/becoming]** aware of unconscious patterns. Freud believed such patterns **[interacted/interfered]** with healthy functioning.

※ Psychiatry 정신분석학 perception 인지/인식/지각 impulse 충동/자극 interact 상호작용하다 interfere with 방해하다

• Conscious & Unconscious & Repression 프로이드 의식 & 무의식 & 억압



The **concept of the unconscious** was central to Freud's account of the mind. While poets and thinkers had long known of the existence of the unconscious, he had ensured that it involves scientific recognition in the field of psychology.

The unconscious was first introduced in connection with the phenomenon of repression, to explain what happens to ideas that are [repressed/withdrew]. Freud stated explicitly that the concept of the **unconscious** was based on the theory of **repression. He stated a cycle [which/in which] ideas are repressed, [remain/are remained] in the mind, are removed from consciousness, and then reappear in [consciousness/unconsciousness] under certain circumstances. The statement was based upon the investigation of cases of trauma, which revealed cases [which/where] the behavior of patients could not be explained without ideas or thoughts [which/of which] they had no awareness.** This fact, combined with the observation that such behavior could be **[naturally/artificially]** induced by hypnosis, **[suggesting/suggested]** that ideas **[were/be]** operative in the original cases, even though their subjects knew nothing of them.

account 이야기 ensure 보장하다 recognition 인지/인식/인정 repression 억압 repress 억압하다 withdraw 물러나다/철수하다 explicitly 분명히 statement 말 investigation 조사/연구 artificial 인공적인/인위적인 induce 유도하다 hypnosis 최면 operative 적용하는/영향을 끼치는

• Procedural Memories 절차기억



Most psychologists would argue that **early childhood memories can be activated as procedural memories by some event in the present and can influence our behavior even though the memory activation has occurred outside [conscious/unconscious] awareness.** For instance, say that a young child's parents left him overnight with Aunt Agatha while they were out of town attending a wedding. A transportation problem delayed their return by a couple of days. It was the little boy's first **[unification/separation]** experience, and his overwhelming emotions were unhappiness and anxiety. He has no **[conscious/unconscious]** autobiographical memory of that weekend, but occasionally when Aunt Agatha comes to visit later in his life, his **[accountable/unaccountable] [insightful/instinctive]** emotional reaction is an overwhelming desire to slam the door, based on procedural memories associated with Aunt Agatha.

activate 활성화하다 procedural memory 절차기억 transportation 교통 unification 통합 overwhelming 압도적인 autobiographical 자서전적 occasionally 가끔씩 accountable 설명할 수 있는 insightful 통찰력의 instinctive 본능적인 desire 바람 slam 쾅하고 닫다